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The Official RecyCool Club Publication

Summer Edition

# Summer Salutations from Recycle Rex!

Hey, all my RecyCool friends, I'm sure that most of you are as happy as I am that it's SUMMERTIME. Looking ahead to lots of fun this season like going to the beach, watching a baseball or soccer game, and hanging out with friends!

This year, there are so many important things we need to do to save ENERGY and our EARTH. Recycling is such an easy and important way to do both of these things. Did you know that almost 3 million water bottles are going into the trash EVERYDAY? If we don't recycle these bottles, it can take them as many as 700 years to rot or decompose. Which means that if you were to throw your plastic bottle in the garbage today, it will just sit in the landfill (or dump) until the year 2703... that's a long, long time! We all need to do a much better job making sure all aluminum, glass and plastic beverage containers get recycled!

This issue of the RecyCool Planet has lots of fun facts, games and tips about recycling and reusing your bottles and cans. I hope you can do your part and share this information with your family, friends, and even your teachers. Have a very safe and happy summer...and more importantly, be "RECY-COOL" in saving energy and natural resources by recycling and reusing your beverage containers!

## Congratulations



Congratulations to all the RecyCool Club Graduates! If this is the fourth newsletter you've received from me, you've officially graduated from my RecyCool Club! You can continue to learn about recycling, reducing, reusing and closing the loop

on my website: www.conservation.ca.gov
Look for the "Kids Only" section. Pl

Look for the "Kids Only" section. Please remember to recycle where you live, learn and play!

## Energy Conservation Tips



- Ask your parents to set your thermostat to 78 degrees when you are home and 85 degrees or off when you are away. Using ceiling or room fans allows you to set the thermostat higher because the air movement will cool the room.
- To help prevent electrical outages, avoid running your appliances during peak hours, -- from 4 p.m. to 6 p.m. -- or anytime an electrical emergency is declared.
- On hot days, draw the curtains and/or shades to keep the sun out. Remember to close doors to the outside to keep in cooler air.
- Turn off the lights when you leave a room.
- Limit the time you spend on the computer. Also, turn off your computer when you are done using it.
- Turn off the radio when you are done listening.
- Instead of turning the TV on, read a book or play a game.
- Decide what you would like to eat BEFORE you open the refrigerator.
- Remind your parents to make sure loads are full when they do the laundry.
- Conserve energy by running your dishwasher only when it is fully loaded, and turn off the dry cycle and air dry dishes instead.
- Ask your parents to use motion sensitive lights instead of leaving the porch light on all night.
- Remind your parents to look for the energy star label when purchasing appliances.
- Recycle!



For more energy conservation tips, visit flexyourpower.com



#### Summer Sand Bottles



This is an easy and fun project to do! A great project to make and give to your mom, dad or teacher to put on their desk!

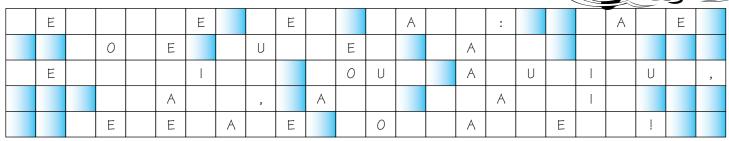
#### What You Need

- Clean sand
- Newspaper (make sure everyone in your house has already read through it!)
- Colored chalk (as many different colors as you like - the more the better)
- See through glass or plastic bottle with cap
- Funnel
- Stick
- White glue
- A piece of heavy paper or cardboard

#### How To Make It

- 1. Put down some newspaper for your working surface.
- 2. Fold the heavy paper or cardboard in half. (The crease in the paper or cardboard will help get the sand into the bottle, but make sure you fold it in half before putting the sand on it!)
- Place a few handfuls of sand on the heavy paper or cardboard.
- **4.** Take your colored chalk and crush it in with the sand, until the sand turns that color.
- 5. Put the funnel in the bottle.
- **6.** Lift the paper or board filled with colored sand and empty the sand into bottle using the funnel.
- 7. Take the stick and make a few bumps in the sand. This will create "waves" of color in the sand.
- 8. Repeat steps 3-7, using a different color of sand each time, until the bottle is almost full. Leave about 1/2 inch at the top.
- 9. Press the sand down firmly; be careful not to move the bottle around or the sand will move around and the colors will get mixed together.
- 10. Pour some glue it in to the remaining 1/2 inch of the bottle, and let it dry. Screw the bottle cap on.
- 11. Don't forget to tidy up!

#### Rex's Mystery Phrase



# HOW LONG DOES IT TAKE OUR TRASH TO DECOMPOSE (BREAK DOWN INTO SMALL PIECES)?

Draw a line from the item on the left to the length of time you think it takes for it to breakdown into small pieces once it reaches the dump. Follow the example provided.

Aluminum cans

450-1,000 years

Glass bottles and jars

700 years

Plastic bottles and jugs

80-100 years

Plastic bags and disposable diapers

2-4 weeks

Orange and banana peels

1-5 months

School papers and newspaper

10-20 years

Plastic toy

2-5 weeks

Cotton shirt

1,000,000 years



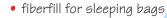
# How are Plastic Bottles Recycled?

Recycle Rex and his friends wanted to know the answer to this question one warm, summer day while picking up recyclables in their local park. So they went to their local recycling center and found out!

Plastic containers are brought to the recycling center where they are sorted by type and sometimes color.
They are crushed together and formed into a huge cube or bale.







- plastic lumber
- containers for non-food products
- toys
- compost bins
- rulers
- T-shirts



The plastic is broken apart and shredded into flakes or pellets and then

cleaned.





State of California THE RESOURCES AGENCY Department of Conservation Division of Recycling 801 K Street, MS 20-24 Sacramento, CA 95814



### Use the list of words below to help you complete each sentence.

REDUCE RECYCLE LANDFILLS ENERGY MONEY BULK

CLOSING THE LOOP REUSABLE RECYCLING CENTER

1.	means to buy items made from												
	recycled materials.												
2.	Our garbage gets buried in huge holes in the ground												
	called or dumps.												
3.	If we our used plastic bottles, they												
	can be made into new products such as T-shirts, a												
	binder, ruler or carpet.												
4.	Recycling saves												
5.	You can get for redeeming your												
	glass, plastic and aluminum beverage containers at												
	your nearest recycling center.												
6.	If we the amount of garbage we												
	throw away, we will help save landfill space.												
7.	Bring your lunch in a lunch bag.												
8.	Buying things inwill help cut down on the												
	amount of packaging we throw away.												
9.	You can call 1-800-RECYCLE to find out where your												
	nearest is located.												

Answer to Rex's Mystery Phrase:

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#### How long does it take our trash to decompose answer table:

**Aluminum cans** = 80-100 years

Glass bottles and jars = 1,000,000 years

Plastic bottles and jugs = 700 years

Plastic bags and disposable diapers = 10-20 years

Orange and banana peels = 2-5 weeks

School papers and newspaper = 2-4 weeks

Plastic toy = 450-1,000 years

Cotton shirt = 1-5 months



#### ANSWERS TO SENTENCE COMPLETION GAME

where your nearest recycling center is located.

- 9. You can call 1-800-RECYCLE to find out amount of packaging we throw away.
- 8. Buying things in bulk will help cut down on the
  - 7. Bring your lunch in a reusable lunch bag. throw away, we will help save landfill space.
- 6. If we reduce the amount of garbage we your nearest recycling center. piastic and aluminum beverage containers at

**5.** You can get <u>money</u> tor redeeming your glass

- 4. Kecycling saves energy.
- binder, a ruler or carpet.

be made into new products such as 1-shirts, a 3. If we recycle our used plastic bottles, they can

ground called landfills or dumps. 2. Our garbage gets buried in huge holes in the

recycled materials. I. Closing the loop means to buy items made from